



**Individually adjustable strap system**  
dynamic stabilization

**What's stopping you from a life in motion?**

- You can use MalleoTrain® S preventatively to minimize the risk of injury.
- You don't have to give up sports just because you have a mild sprain or a torn ligament. MalleoTrain® gives your ankle reliable support and stability.

**Performance and Prevention**

**Are your ligaments unstable?**

- When they feel unstable, protect and support your ligaments with the MalleoTrain® S active support.

**Stability and security when exercising**

- The strap is wound around in a stabilizing figure-8 pattern, securing your ankle.
- When wrapping your ankle you can individually adjust the amount of stretch, determining the active support's effect.

*Always ready for action...*

**MalleoTrain® S**  
can be put on in **15 seconds!**

**Comfortable to wear ...**

- The air-permeable, breathable knit is gentle on the skin and feels good to wear.
- The active support fits comfortably in all comfort shoes and athletic footwear.







The training partner for your ankle.

MalleoTrain® S

SUPPORTS



# The new MalleoTrain® S – goes on quickly and easily!



**1** Put the active support on



**2** Wrap the strap from the inside of your foot under your foot.



**3** Bring the strap diagonally across the top of your foot.



**4** Then wrap it around your ankle above your heel ...



**5** ... and then again diagonally toward the front over the top of your foot.



**6** Wrap the thin part of the strap under your foot to the outside and then diagonally across the top of your foot.



**7** Stick the end of the strap to the strap itself.



SUPPORTS AND ORTHOSES  
MEDICAL COMPRESSION STOCKINGS  
INSOLES AND SHOES  
PROSTHETIC COMPONENTS AND MATERIALS  
MEASUREMENT TECHNOLOGY

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